Annual Report 2021 Make You Think, Inc.



Make You Think.org
Think, PO Box 40467, Portland OR 97240 Inc.

Table of contents

A Message From the Board President 2
Programs
Science on Tap
Event Team Consulting
Financial Summary
A Thanks to Donors

Our Mission:

Supporting programs that provide adults with accessible opportunities for education in science, history, and related areas

Meet the board

President
Vice President Sam Louke
Treasurer
Secretary Rita Nygren
Directors at Large: Stephen Perry, Martita Dell,
Dr. L. Kris Gowen, Amanda Thomas
Amanda Inomas

A Message From the Board President

Make You Think, Inc continued to deliver quality science content using virtual, pandemic safe delivery methods throughout 2021. The comments we've received note that even when we can return to a safer in-person events, there may be a continued desire for on-line distribution. As a reminder, many past events can be reviewed on our Youtube channel https://www.youtube.com/channel/UCbvLxlGWx_q2GxdKKE-AwnmQ/videos

We do hope to transition back to in person events soon, but will continue to listen to the scientists on when it is safe to do so. We're watching transmission rates for our area as well as vaccine coverage percentages, and will begin planning how to ease back into our in-theater experiences.

The resources for continuing a separate podcast were beyond our scope in 2021, and thus recording "A Scientist Walks Into a Bar" was put on hiatus. The back catalog is still available https://www.scienceontaporwa.org/podcast/and gathering downloads, but no new episodes were recorded in 2021.

We have, however, continued to strengthen our partnership with local bookseller Broadway Books. Prior to the pandemic, whenever we'd had an author coming to town for signings, Broadway stepped up to put the authors current and past works on the table for purchase; they've recently given our audience discounts for on line purchase during this year's online events, and we are grateful for their assistance.

Programs

A SCIENTIST WALKS INTO A BAR

The 8 year old podcast was put on haitus during the pandemic. While we continue to have listeners downloading the back catalog, the effort and financial resources to create, edit, and distribute this content was deemed to be better used with the video production. The historical content is available, and since the beginning of the podcast, we've had 10,947 total downloads. While only 2 new episodes were added in 2021, we still had 4045 downloads during the year.

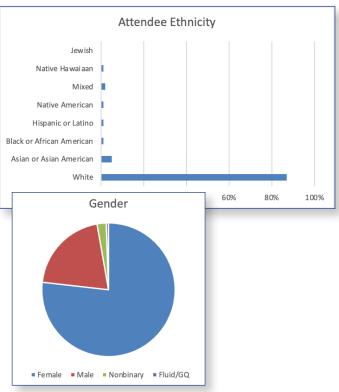
SCIENCE ON TAP

In this second year of the Covid pandemic, online events have become the routine, and instead of socializing with your seatmates, the people behind you, and the people in the bar line, the Zoom chat room has become the place to ask questions, make comments on the topic, or share a joke in text form. There were over 3400 attendees* at our 14 events.

Event Date	Title	Zoom Connections
1/28/21	The Doctors Blackwell	232
2/10/21	Brain Chemistry for Lovers	218
2/18/21	Sound Awareness: How Brains Filter, Process & Interpret Noise	370
3/25/21	Discoveries in Neuroscience: New Treatments for Mental Illness	424
4/7/21	The Gut Immune Connection and How It Affects the Brain	606
4/29/21	Beloved Beasts: Fighting for Life in an Age of Extinction	210
5/27/21	The Menopause Manifesto	299
6/24/21	As the Crow Flies Part 3: Corvid Intelligence, Culture & Communication	178
7/14/21	Bird Love: The Family Life of Birds	163
9/9/21	Treepedia: A Brief Compendium of Arobreal Lore	159
9/30/21	Hands Up, Don't Shoot: Policing as.a Pubic Health Crisis	136
10/26/21	Fuzz: When Nature Breaks the Law	146
11/18/21	A Dog's World: Imagining Dogs in a World without Humans	183
12/28/21	Grunt: The Curious Science of Humans at War	107

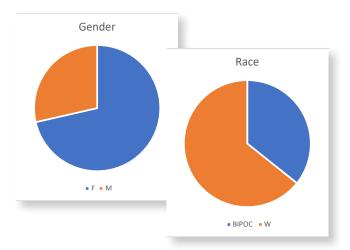
According to location information provided in the chat and post-event surveys, our audience continues to be mostly regional, but we do have attendees in various worldwide locations.





*Note we can only count viewing devices, so this number may include entire household or watch party as "an attendee"

Our 2021 speakers have not been limited only to those we could lure to the Portland and Vancouver stages. With the disconnection from geographical co-location requirement, we were able to feature experts who wouldn't be able to travel to our location. Our speakers continue to represent the diversity in science, including gender and racial diversity.



Our production crew has developed a backlog of video content, which includes footage not previously published for historic events. Our Youtube channel increased subscribers by 440 people in 2021.

Grunt: The Curious Science of Humans at War

On a daily basis, soldiers fight battles against less considered adversaries—for example, exhaustion, shock, panic, disease, extreme heat, cataclysmic noise, gastrointestinal distress, and

assorted waterfowl.

-Mary Roach

EVENT TEAM CONSULTING

Using the expertise gained during years of in-theater Science on Tap events, our team explored additional opportunities for revenue generation by expanding their services to provide technical support, consultation, and direct assistance for other events. The organization Science Talk engaged the Make You Think Inc. Event Team to provide technical planning and onsite support for their multiday annual conferences in 2018 & 2019. 2020 was canceled due to pandemic, but with some additional planning, Make You Think, Inc was able to assist in creating a fully virtual experience for 2021 Science Talk conference. Following upon that success, the team also managed fully virtual conferences for a worldwide ISHAS event and the Society for Neuroscience's Pacific Northwest event.

Hands Up, Don't Shoot

Do the characteristics of a community affect how it is policed, or does the policing affect the community's characteristics? (Or both?) What can be done to prevent negative outcomes related to policing?

-Maayan Simckes

Conference services provides what it takes to give an immersive experience for the attendees, such that the attendees don't have to think about tools, transitions, and timing, and can concentrate on the materials being presented – and if possible, make it painless for the presenters as well. There's a lot of back end work involved in this, including:

- Arranging rehearsals and negotiating lighting, technical support, queues, and occasionally translators;
- Identifying potential audiovisual or transition problems within presentations, such as videos or live demonstrations;
- Providing expertise with Zoom or other presentation tools;
- Solving real-time issues in front of (or for) hundreds of attendees;
- Managing speaker transitions between sessions;
- Managing speaker focus during panel discussions;
- Coordinating between different tracks of a conference;
- Delivering recordings and sometimes editing services.

The Gut Immune Connection and How it Affects the Brain

The "conversation" that takes place between our gut microbiome and our various organs and bodily systems is critical to human health. When that conversation goes awry, we often

become seriously ill.

-Emeran Mayer, MD

Financial Summary

Make You Think Inc. 2021 Budget					
Revenue					
Patreon Contributions	13200				
Paypal Donations/ Tickets	5400				
Paypal Tickets	21840				
Benevity	2500				
Grants	26500				
Interest	1				
Total Revenue		69441			
Expenses					
Program Services	54110				
Pod Cast Production	9600				
Equipment	1500				
Travel/ Conference	1000				
Cloud Storage	300				
Website/Host	30				
Insurance	1250				
Legal	500				
Tax Filing Fees	150				
Total Expenses		68440			
Net Operating Income		1001			

Bird Love: The Family Life of Birds

Birds around the world have an extraordinary range of mating systems. Some species, such as the wattled jacana, rely on males to do all the childcare, while others, such as cuckoos and honeyguides, dump their eggs

in the nests of others to raise.

-Dr. Wenfei Tong

Thanks to our Donors

ADAM BACHER
PHOTOGRAPHY LLC,
ADAMEZ, CAMERON
ADEVAI, TRACY
ALBERTSON, MARY
ALBRECHT, PATRICIA
ALFORD-SMITH, KELLY
ALLEGRETTI, KAITLYN
AMES, CHERYL

BEARDSWORTH, DAVID BECKER, MAUREEN BECKER, STEPHEN BEINLICH, BRIAN BERNSTEIN, ESTHER BERRY, SHAUN BETH ANN SHORT, LLC, BEVAN, MARLA BEY, LYNN

Why Science Education matters

Unlike how I thought in high school, science is a process and it's always changing. It's an unfolding story, and I think many of you thought like I thought in high school that it was just a collection of facts..it's so much more

than that, and there are so many stories about humans and other forms of life that we don't know how they are gonna end, or if they are going end, they are unfolding as we speak. So that's why I love learning about science.

— Beloved Beasts, Michelle Nijhuis

ANAMOSA, KATHLEEN ANDERSON, CHRISTINE ANDERSON, GEN ANDERSON, GWENELLYN ANDERSON, JENNIFER ARAUJO, SERENA ARENDES, CARINE ARNOLD, DIANE ATKINSON, JACQUELINE AUDLEY, KATHERINA AUERBACH, GERI AUMAN, HEATHER AVANZINO, MARYLOU AVERY, JEANMIELKE BABST, PENELOPE BAILEY, CALLIE BALDERSTON, LESLIE BALDWIN, LAURA-MAE BALLER, GRETCHEN BARAN, MICHAEL BARKER, SHANNON BARNEBEY, KATHLEEN BARNES, PATRICIA BARR, LINDSAY BATCHELDER, BRIAN BAUER, ROBERT BEADSONGS,

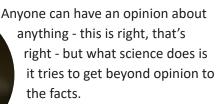
BEYROUTY, DENA BICKFORD, VICTORIA BICKHAM, LINDA BIELER, STEVEN BITTER, ROBERT BLUE, LINDA BODEGOM, ERIK BOERS, NAOMI **BONELLA, RANDY** BONNEVIE, DAWN BOOTBLACKING. **ALVONINA** BORDER, JAMES BOROS, NANCY BOTNEY, RICHARD BOWMAN, ARDITH BRADFORD, TIMOTHY BRETON, SARAH BREWER, FRANCES BRITTON, CLAIRE BRODIE-KNOPE, ANN BROOKS, JOYCE BROWN, ELIZABETH BROWN, KATHY BROWN, ROGER BUCKLEY, BRIDGET BUNKER, ADAM

BUONO, SHANNON BURKE, NANCY BURKMAN, JACK BUTSON, ELIZABETH CAIN, SOPHIA CALABRESE, ANGELA CAMPBELL, ROBERT CAPESTANY, ANA CAPO, KAREN CARDER, CLAIRE CARLSON, BRIDGET CARLSTEAD, MARY CARVER, HEATHER CASTI, WILLIAM CAULIGI, RAGHOTHAMA CENTER, THE CHAN, JIMMY CHAPPELL, BETH CHAROENWONGSAWANG, VINAI CHARTER, CHRISTA CHEW, CARL CHOY-WEBER, JANICE CHUN, COLLEEN CLARK, BELINDA CLARK, ERIKA COLLINS, ELIZABETH COLLINS, MARKIE COLOMBO, NICHOLAS COLONNA, ANN CONFECTION ART, INC (CHOCOLATE CRAFT), CONKLIN, KENNA CONLEY. KIMBERLY CONSULTING, MIGHTY COOK, JENNIFER COOK, NANCY COOP, JULIE COOPER, CHRISTINE COPPERSTONE, JEANINE CRAIG, LUCY CRANE, JUDY

CROW, SHARON CUMMINGS, DARRYN CUMMINGS, TONNIE CURTIS, WENDY DAUGHERTY, KATHLEEN DAVIDSON, JORDAN DAVIS, MARILYN DECKER, BRYAN DEFFOBIS, ANDREW DELOZIER, ANNDREA DENMAN, SHARON DENT, STACY DETMERS, LINDA DEVINE, HEATHER DIEKER, ANNETTE DILLINGHAM, OLEN DILLON, MEGHAN DISEN, KIRA DITULLO, KRISTINA DIXON, MATTHEW DOAN, SARADINA DONOVAN, JULIE DONOVAN, THOMAS DUCK, VIRGINIA DUNCAN, BROOKE DURHAM, TESS EAGLEMAN, DAVID EASH, ARTHUR EASTSIDE FINE SPIRITS, EDWARDS, GRETCHEN EISMAN, VALERIE ELDER, NICOLE ELIZONDO, DIANE ELLIS, LINDSAY EMLEN, ELANA ENG, CECILIA ERICKSEN, BERNADETTE EROS, PAMELA ERWIN, JANE FABBRI, E FABBRI, E VICTORIA FACER, REBECCA FAUL, JENNIFER

Why Science Education matters

CROOKHAM, TIMOTHY



—Treepedia, Joan Maloof

Why Science Education matters

More accurate information about how things work is always helpful, right? When you know how things work, when you know the science behind it, you can make more educated decisions, more empowered decisions. You

can't be empowered with false information. I always tell people think about taking an airplane ride: if the airline lied to you about where the flight was going, how would you get where you want to go, right? You need accurate information.

— The Menopause Manifesto, Dr. Jen Gunter

FEE, THUYMAI FLEMMING, RUTH FLYING PIG PRODUCTIONS, INC., FONG, JERRY FORD, SARA FOSTER, STEPHANIE FOSTER, SUSAN FOXWOOD, JUSTIN FRANK, LINDSAY FRASER, NANCY FREDERICK, ERIC FREEDLAND, BOB FREEMAN, HOLLY FREIBERGER, MICHELLE FREY, SCOTT FRIEDMAN, VALEURIE FRIES, SUSAN FROEHLICH, LESLEE GABIN, SARA GARIMELLA, SARVESH GARROW, JOSEPH GATES, CATON GECZY-HASKINS, CARL GECZY-HASKINS, LAURA GEHM, LYNNE GENEST, JEFFREY GERBER, LYNNE GIBSON, BRENDA GILBERT, TODD GILMOUR, GIA GLASCOTT, BRENDA GLASER, KAREN GLUCKMAN, TRINA GOEBEL, ROXANNER GOEDECKE, PATRICIA

GOLDMAN, DAVID GRATREAK, MOLLIE GREEN, SARAH GREENWOOD, DAVID GREGORY, TAGS GRIFFITHS, C TAYLOR GRIFFITHS, LACEY GRIGGS, MOLLY GRISWOLD, JULIA GROSSENBACHER, NANCY GROTH, CLAUDIA GROVER, PETER GRZEBIELSKI, SHINAI GYSEL, STEPHEN HABECKER, BETH HALL, WENDY HALLENBURG, KARI HAMILTON, BRIAN HAMILTON, REBECCA HANCOCK, MARTHA HANDLOSER, KIMBERLEE HANTKE, LAURA HANUS, JANET HAPKE, WHITNEY HARMON, HEATHER HARMON, STEFANIE HARPER, ROBIN HARSH, STACY HARY, EDWARD HASHIZUME, MARK HAUGEN, SONJA HAUSER, DONNA HAUSOTTER, WENDY HAYLER, SUE ELLEN HENDERSEN, MARCIA

HENDERSON, ALYSHA HENDERSON, JUDITH HENKE, SAMANTHA HENRY, ELIZABETH HENSHAW, KRISTIN HEWETT, KERRI HILL-HART, JENNIFER HOBSON, JASON HOFFMAN, REBECCA HOLLAR, SCOTT HOLLOWAY, MILTON HOOSER, DENA HOUSER, CAITLIN HRYNYSHYN, DONNA HUBER, COTTIE HUBKA, DAVID HUMPHREY, GEORDIE HUNTLEY, MARIANNA IKE, BROOKE INC., FLYING JACEWICZ, JULIE JACOBS, MARCY JARZABEK, JAMES JAYASHANKAR, ADITYA JENNINGS, ROBERTA

KATZ, MARK KEANE, ALLISON KELSEY, BREANNA KESTELL, KATHERINE KING, ADAM KING, ANNA KING, LESLEY KIRBY, SALLY KIRKELIE, ERIN KLEIN, BILLIE KNAPP, RUFUS KNODE, CARA KNOPE, JAMES KNOWLES, HOLLY KNUTSON, MELISSA KOPEL, ANN KORNEI, KATHERINE KOWASH, SARAH KREOFSKY, JANA KRONQUIST, LARRY KRUGEL, LINDA KUOPPAMAKI, HEATHER KUPPERMAN, PEI LAFLEUR, SARAH LAM, RICHARD

Why Science Education matters

Because it makes our lives more enriched. Science is such a humungous broad category - you don't have to be into the cosmos, maybe you are just into dragonflies or crows or maybe you love physics or whatever. Science is

you know understanding the world and asking questions that are based in curiosity. -

— As The Crow Flies Part II, Dr. Kaeli Swift

JENSEN, STEPHEN
JOHNSON, DIANA
JOHNSON, KARIN
JOHNSON, KYLE
JOHNSON, MICHAEL
JONES, MARNIY
JOPLIN, LORE
JOSEPH, MEGAN
KAHN, ROCKY
KAMLAN, DAVID
KANTNER, DONNA
KAPLAN, LISA
KARR, MERILEE

LAMBERT, WENDY
LAMONT, JENNY
LANGSDORF, KATHARINE
LANNERS, MARCIA
LARSON, MICHAEL
LATTIG, ELIZABETH
LEA, BARBARA
LEE, BARBARA
LEE, ELIZABETH
LENT, PETER
LEVY, MARK
LEWIS-DOUGHERTY,
CATHY

Thanks to our Donors (continued)

LEWIS, PRESTON
LIECHTY, ADAM
LITTLEWOOD, ANN
LIVERMORE, DAVID
LIVINGSTON-GRAY, FAWN
LULICH, KRISTI
LUSK, DEBORAH
MACKO, PEGGY
MADDUX, J MICHAEL
MASON, SHIRLEY
MASSIE, LORI
MASTELLER, LINDSEY
MAY, AMY
MAY, JOHN

MIGNEAULT, DONNA
MILLER, CHRISTINA
MILLER, HILARY
MILLER, LAURIE
MILLER, LYNN
MONROE, ML
MONTIERTH, CHARLENE
MOORE-FULLER,
STEPHANIE
MOORE, MERRY
MORAN, CESAR
MORIN, MARY
MOXLEY, PATRICIA
MOYD, KATHERINE
MUILENBURG, APRIL

Why Science Education matters

There are some really basic things you learn when you learn science that are really important for people to understand. A lot people don't seem to understand like here's how we tell if something is effective, if it has an effect.

— Fuzz, Mary Roach

MAY, PATRICIA MAY, ROBERTA MAZURIK, ANN MCADAMS, ROBERT MCCABE, KEVIN MCCARTHY, DENNIS MCCLAIN, BECKY MCCLURE, TAMERA MCCOY, DONALD MCCOY. SHERYL MCCULLAR, STARLA MCDONALD, MARGARET MCKENNA, LINDSEY MCLAUGHLIN, ANNE MCWILLIAMS, KATHLEEN MEDINA-TORRES, JESSICA MEIER, KAREN MEISINGER, DEBRA MENAGERIE, TANGERINE MERCHANT, NANCY MERRIMAN. DEBORAH MESSENGER, REBECCA MEYER-ARENDT, KAREN MEYER, CATHERINE MEYERS, JOAN MEYERS, SARAH MICHAELS, MARYKAY

MULSOFF, NANCY MURRAY, LEE MYERS, LINDA NATWICK, CAROLINE NEELEY-BROWN, LIAM NEELEY. EDNALYN NEITZEL, LISA NESSER, ELIZABETH NESTRATOV, PETR **NEWHOUSE**, **EMILY** NG, CHESTER NIENSTAEDT, LISA NIJHUIS, MICHELLE NOBLE, JULIE NOSACKA, SUSAN OGDEN, BARBARA OLSEN. ELIZABETH OLSON, PETER OLSSON, SUMMER ONTIVEROS, LYNDA OSBORNE, PAM OSBORNE, PAMELA OSMUNDSON, MARI OTTINGER, JOAN PALKA, BONNIE PALMER, KAREN PARMENTER, BETH

PARRY, JOHN PASCOE. RUSS PEARCE, SALLY PENDLETON, JOHN PEPIN, ERICA PERRY, MICHAEL PETERSEN, KATHERINE PETKUS, ANDREA PEYKANU, JAMES PFENNING, KRISTINA PICKETT, KATHI PICKETT, KATHLEEN PINGREE. P MEGAN PLOEG, DAN PLOEG, DANIEL POOLE, DAVID PORCH, DELORES PORN, JENNIFER POSTLETHWAIT, STANLEY PRATT, RACHEL PRICE, NOELLE PROBASCO, IAN PSYD, TOBIAS PUREKA. CHRIS PUSATERI, LORNA QUICK, MELANIE RADLER-OKBY, CYNTHIA RAMIG, JASMINE RASKIN, AMY RASMUSSEN, ELMER RAVENGAEL, KRISTA REIGHTLER, CONNIE RICHARDS, TOD RICHARDSON, HELEN RICHMOND. DAVID RIGNEY, ARIEL RITZ, ANNA RIVERSIDE TRAINING CENTERS, INC DBA LIFEMPOWERED, RIXFORD, ELIZABETH

RIXFORD, MELANIE ROBALINO. SHANNON ROBERTS, CAROL ROBERTS, SHAUNA ROBINSON, MARNIA ROBINSON, ROGER ROBISON, ROBERT ROCK, ANTHONY ROMERO, JAMALIAH ROMERO, RUBY ROSE, CAROL ROSENBERG, ANDREA ROSENBERG. ERIKA ROSS, JAMIE ROTH, CONNIE ROUTH, CAROL RUBIN, CHARLOTTE RUBIN, LAURIE RUPERT, CRAIG RUSH, LEA RYAN, TOBIAS SANDS, SINDY SCHEETZ, NANCY SCHEPPELE. SUSAN SCOTT, CAROLINE SCOTT, ROSANNE SCOTT, WANDA SEIERSTAD, ALBERTA SELIG, MICHAEL SEO, YOUNG SERVILIO, SHARON SHANNON, MARGARET SHARP, STEVE SHELSTAD, JAMES SHERBURNE, FREDA SHERMAN, ABBY SHERMAN, LAWRENCE SHIKATANI, C SHOCHAT, EDNA SHORE, NEERU SHOWELL, ARLENE

The Doctors Blackwell

In the 1840s, Elizabeth and Emily
Blackwell became the first and
third women to earn medical
degrees in the U.S. The Blackwells' ambitions extended far
beyond themselves and in 1857
they founded the very first hospital

staffed by women. It was not easy for them, and yet, they persisted.

—Janice P. Nimura

SHUI, SOUL
SIENNA ART SVTUDIOS,
SILVA, R
SILVER, ELIZABETH
SIMONS, ARTHUR
SIMPSON, ROBERTA
SINNICKS, JANET

STEFANICK, JENNIFER STEVENSON, ELLEN STEWART, ELAINE STOCK, CHRISTINE STOKES, KELLEY STOLL, SARAH STRAALSUND, JUDY

Why Science Education matters

I think science is important, because I think that question Why
is the most important question.
I applaud people who make
it through their lives without
wanting to ever ask it, but I'm
not one of those people, and even

if the answer is <shrugs>, I'm happier that I ask the question.

— A Silent Fire, Dr. Kirupa Suthakar

SKRIVANEK, GEORGE SMITH, VICKI SOARES, AMANDA SOLOVJOVS, CANDY SOTIR, GREGORY SPEER, PAUL SPURGEON, BEVERLY SPYSZ, ANNA STAFFORD PERSONAL TRAINING, STALOFF, STEVE STRAIGHT, OLGA
STRAUSS, RICHARD
STRUSE, WHITNEY
SULLIVAN-SMOOT, ANN
SUTHAKAR, KADIRAVELU
SWEETMAN, JODI
SWENSON, STEVEN
SYDOW, LAVONNA
TABAKA, DANIEL
TANG, ANGELA
TAYLOR, SCOTT

TERRELL, DAVID TESSAR. ANNIE THOMPSON, DANA THOMPSON, KAREN THORNTON-TANG, CYNTHIA TOLSTRUP, SARAH TOLZMAN, JESSICA TOVEY, ROBIN TREANOR, DAWN TREJBAL, CHRISTIAN TROISI, BRENDA UNDERWOOD, DENISE UNDERWOOD, KELSEY UPHAM, CYNTHIA UTSCH, ADRIAN VAIL, ALICIA VICENCIO, MARIA VRIEZE, GARRETT WADDELL, CHELSEA WAESCHLE, SCOTT WAGNER, AMY WALSH, KATE WALTERS, CECILY WARMAN, DOUGLAS WARNER, CONNIE WARNES, LLOYD WASLO, BILL WATERS, JENNIFER WATTS, JEFFREY WEAVER, BONNIE WEBBER, LAURIE

WEBBER, NICOLE WEBER, ANNA WEBER, CELESTE WEBER, FREDRICK WEDEL, JENNIFER WEIDNER, ERIN WEIR, CHRISTINA WEISS, ANGELA WEISS, ANNE WEISZ, CATHERINE WESSELL, DEBORAH WEYERS, ALEXIS WEYHRAUCH. ALYSSA WEYMANN, DAVID WHEELER-SCOTT, TERESA WHITE, WENDYLEIGH WHITENECK, KATE WILLSON, NICOLE WILSON, BENJAMIN WINANS, E WINANS, PAIGE WONDER, LAUREL WONG, TIFFANIE WOOD. KAREN **WOODSIDE**, SUSAN WORKMAN. TAYLER WORLD, COACH WRIGHT, LISA YOUNGLOVE, LEROY ZELLNIK, MIRIAM ZIMMERMAN, ALAN ZIMMERMAN, LARISA

Why Science Education matters

You know the Enlightenment
(where the scientific method
first got established) was a huge
accomplishment for humanity.
It gave us a systematic way of
probing reality in a self correcting, error correcting way to under-

stand with greater and greater detail what reality is.

— Discoveries in Neuroscience, Octavio Choi